



It's the most personal thing  
that will ever happen to you.  
Make sure you have a choice.



**HEART & HOME**

**MAKE IT HAPPEN**

**HOSPICE QUINTE CARE CENTRE**

[www.HospiceQuinte.ca](http://www.HospiceQuinte.ca)



## A Special Kind of Care

Hospice palliative care is a special kind of health care for those who are in the advanced stages of a life-limiting illness, where the goal is to provide comfort and dignity, and the best quality of life for them and their family. The demand for hospice palliative care in Canada is steadily increasing and will soon create a significant concern. According to Statistics Canada, seniors make up the fastest growing age group, and the senior population in the Quinte area is above the provincial average.

For over 10 years, Hospice Quinte has been planning to expand its services and address the need for a community-based Hospice Quinte Care Centre within our service area where we can provide this unique level of care. The need is now urgent and the time is right.

Last year alone, 27 of Hospice Quinte's clients spent their final days in hospital when they would have been eligible for a hospice residence. 5 of our clients were forced to go outside our community to receive end-of-life care in a hospice centre. The building of the Hospice Quinte Care Centre means that people in our communities will be able to stay in our communities to receive end-of-life care.

The Hospice Quinte Care Centre will be a safe, comfortable, quiet and welcoming place that feels as close to home as possible. Professional care will be provided 24 hours a day, 7 days a week, and at no-cost to the family.

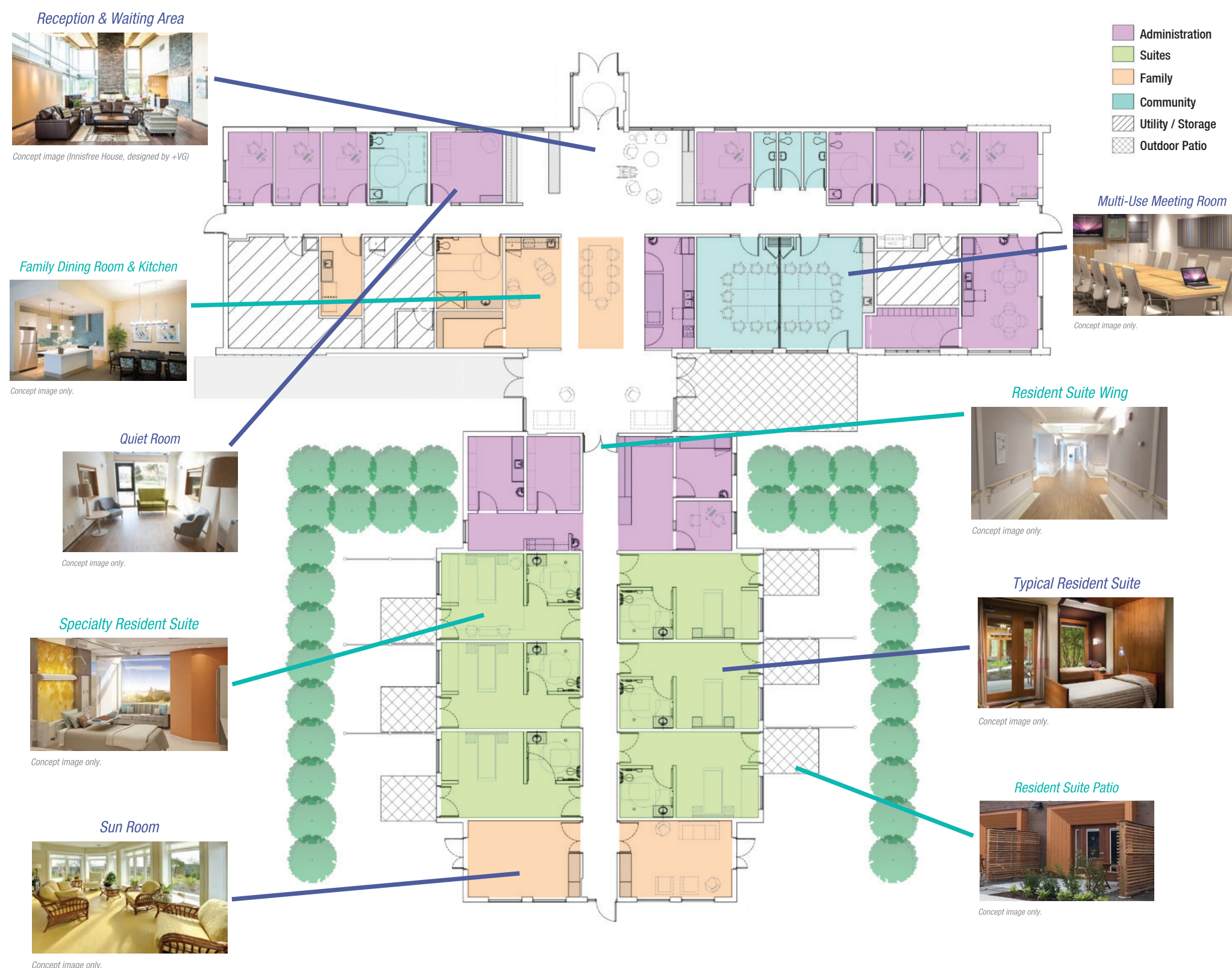
I'm pleased to share that an official groundbreaking for the future Hospice Quinte Care Centre took place on September 9th and construction for the project is now fully underway. The new 6-bed facility is conveniently located in Bayside, across the road from Bayside Secondary School, on land that was generously donated by the City of Quinte West.

While we are excited and proud of this important groundbreaking milestone, we are still in need of funds to ensure the project is completed. We have reached 65% of our \$9.5M fundraising goal with \$3,325,000 left to raise and there are many ways you can help us 'Make It Happen'. To learn more about the Hospice Quinte Care Centre and how you can help 'Make It Happen' please visit [hospicequinte.ca/nhc-home/](http://hospicequinte.ca/nhc-home/). Additionally, we invite you to watch and share our latest campaign video, featuring members of our local community such as 2x Stanley Cup Champion Andrew Shaw. You can find the video on our Facebook page.

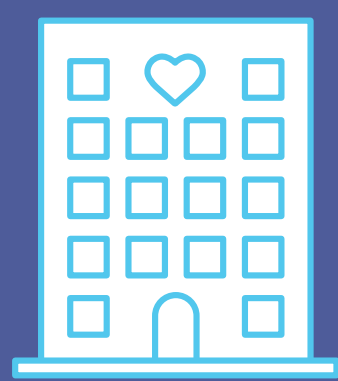
As we move into a very exciting time in our history, we are confident that with the community's support, we will reach our destination, together.

Thanks for caring and helping to 'Make It Happen',

Jennifer May-Anderson  
Executive Director, Hospice Quinte



70-80% of Canadians would prefer to die at home, but the reality is that 67% die in hospital. (Statistics Canada, 2007)



The cost of care in a hospital palliative care bed is approximately \$850 - \$1100 daily and increases in the last month of a patient's life, while the cost of a hospice palliative care bed is estimated to be \$460 daily. (HPCO)

Since 2017, nearly 15,000 people in Ontario were either discharged from hospital or

bypassed hospital to go to a hospice, saving more than \$140M and freeing up 204,171 hospital beds for other patients. (HPCO, 2019-2020 Annual Report)



Did you know – only 3% of Canadians die suddenly? The remaining 97% will need help to live well to the end of life – in comfort, with meaning and with support for family caregivers. (HPCO)

Despite impressive medical advances, 100% of Canadians die. In fact, more than 259,000

Canadians die each year, most in old age. Of those, only a small proportion currently receive high quality hospice palliative care. With the aging of our population, by 2026, the number of Canadians dying each year will increase by 40% to 330,000. By 2036, Canada will see more than 425,000 deaths a year. (HPCO)



A recent report on Palliative Care indicated that 87% of Canadians required hospice palliative care, but only 15% actually received it. (Canadian Institute for Health Information)



Of the over 270,000 Canadians who die each year, 90% die of chronic illness such as cancer, heart disease, organ failure, dementia or frailty. Many of these individuals could benefit from hospice palliative care. (Framework on Palliative Care in Canada, 2018).



“There is currently a gap in services in our community for individuals who do not require acute care, or who choose not to die in hospital but cannot be cared for at home,” says Mary Clare Egberts, President & CEO for Quinte Health Care. “To build a Hospice Care Centre is paramount to providing our region with this much needed option. QHC is supportive of Hospice Quinte’s vision to build this important facility and we welcome HQ as a vital partner in caring for our community.”

“Most people at the end-of-life need 24-hour supervision,” says Shan Mohammed, professor at the University of Toronto’s faculty of nursing, whose research specializations include palliative care and family caregiver supports. “Many families often wind up wishing their relative had spent their last days in a hospice, allowing loved ones to spend more time being with them rather than worrying about symptom management and scheduling care.”

“I have been acutely aware that most patients do not want to die in hospital, and although many want to die at home, it is not always a possibility. It was a welcome relief to have the government agree to provide partial funding for 6 new hospice beds to be placed in the Quinte region. A hospice allows families to be families again, with the ability to be very involved in care, or very minimally,” says Dr. Jennifer Webster, MD, CCFP, FCP (Webster Health Belleville)

## Myths & Facts

MYTH: Hospice services are only provided to seniors with advanced illness.

FACT: Hospice services are provided to people of all ages, young and old. Almost 40% of clients currently served by Hospice Quinte are between the ages of 18-65.

MYTH: Our region already has a hospice residence located in Belleville.

FACT: In 1989, the first freestanding hospice residence in Ontario did in fact open in Belleville, but it was operated entirely through donations and officially closed in March 1994. At this moment in time, individuals living in Quinte who wish to receive end-of-life care in a hospice residence must travel outside our local community.

MYTH: My physician hasn't mentioned it to me, so I must not need it.

FACT: Patients can initiate conversations with health care teams related to hospice palliative care without a physician's referral. Anyone can make a referral for services to Hospice Quinte.

MYTH: I can't afford hospice palliative care.

FACT: Hospice Quinte provides hospice palliative care to individuals living in Belleville, Quinte West, Deseronto, Tyendinaga Township, and the Tyendinaga Mohawk Territory at absolutely no-cost. This will also include hospice palliative care provided to individuals choosing to receive care in the new Hospice Quinte Care Centre.

Help us care for  
 changing lives  
 in Belleville,  
 Quinte West,  
 Deseronto,  
 Tyendinaga  
 Township and  
 the Tyendinaga  
 Mohawk  
 Territory.

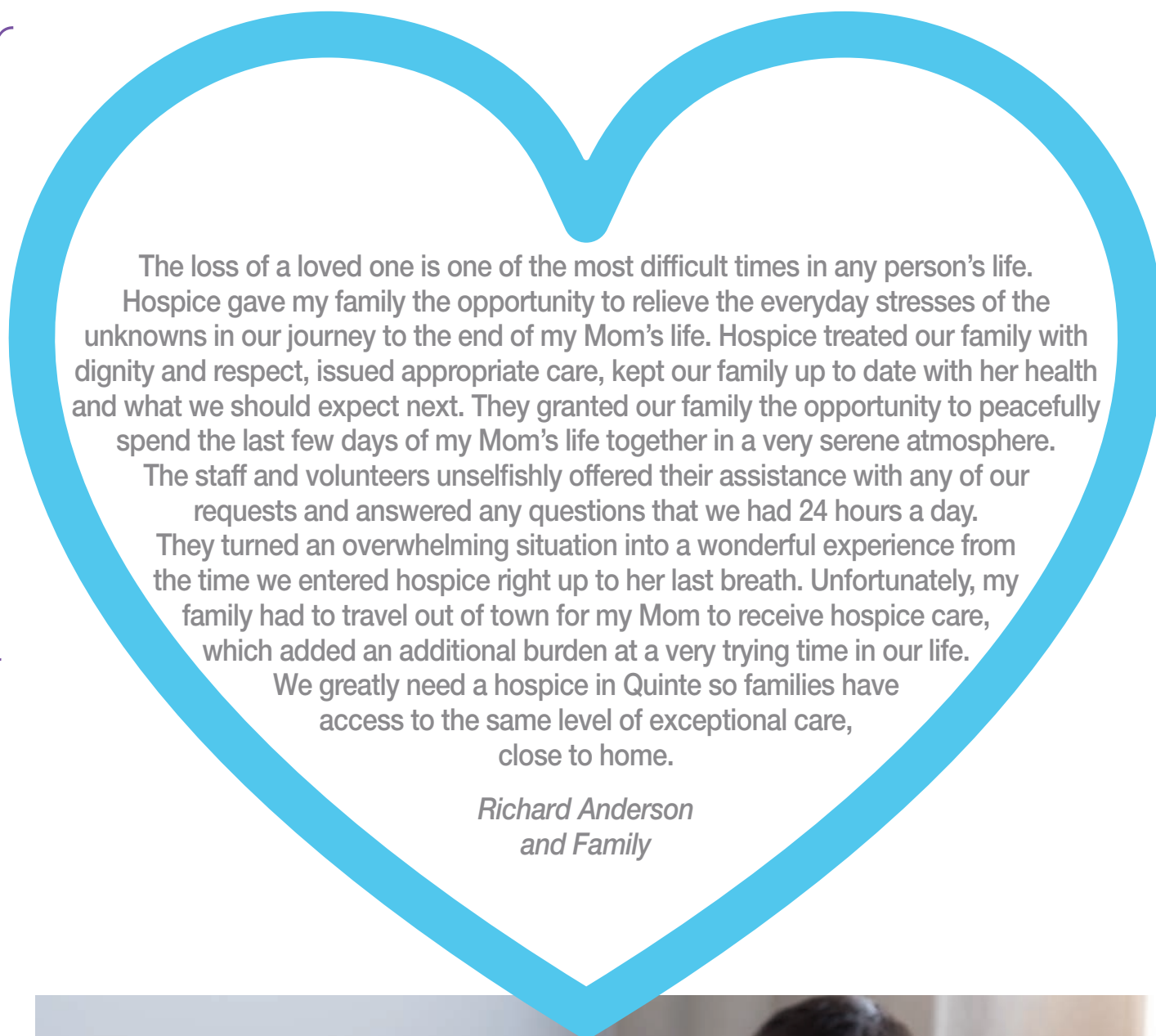
Help us build a  
 world-class  
 hospice  
 palliative care  
 centre.

We can't do  
 it without your  
 help.

Give today to  
 the Heart &  
 Home Building  
 Campaign.

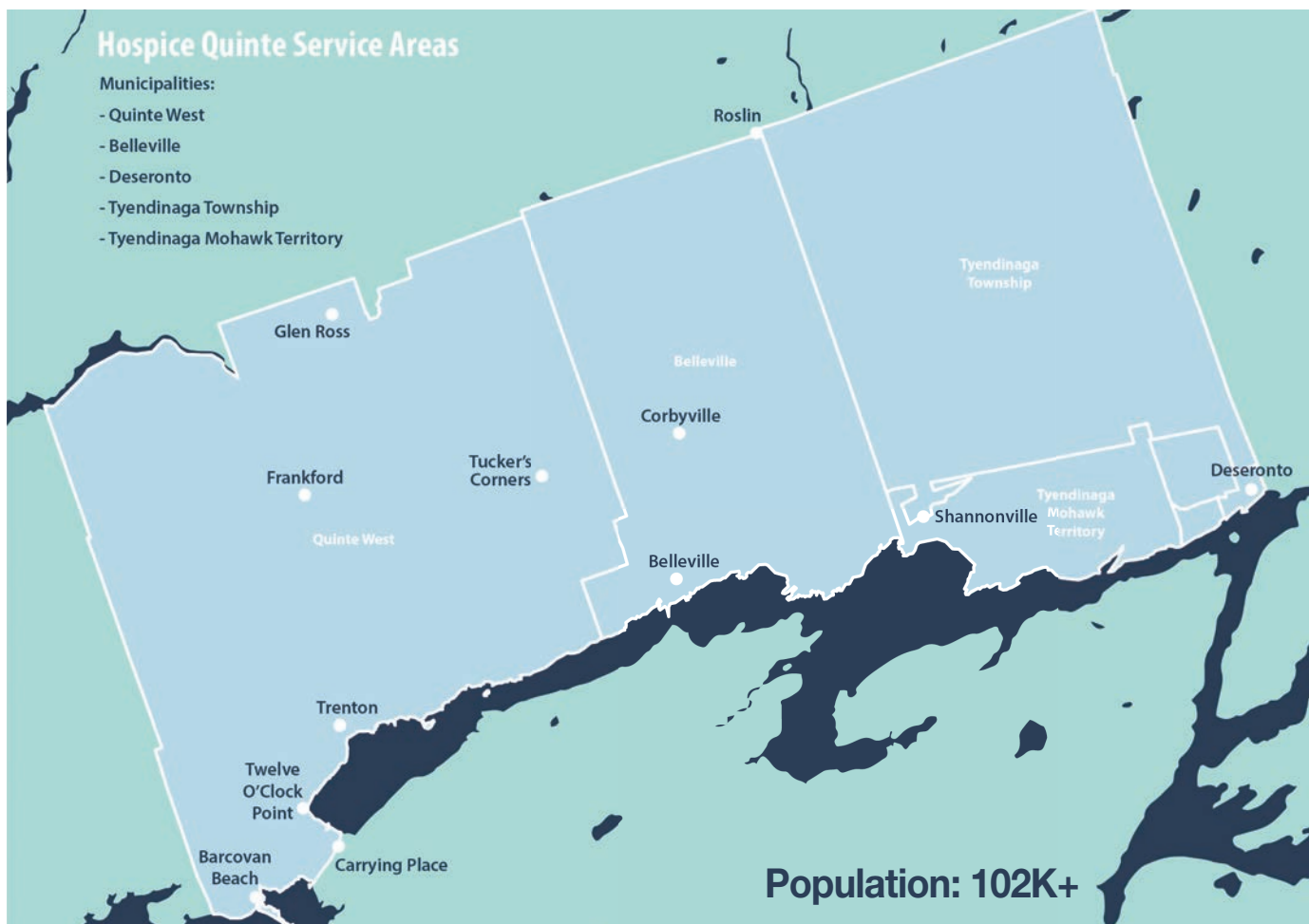
Together,  
 we will  
**MAKE IT  
 HAPPEN!**

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The loss of a loved one is one of the most difficult times in any person's life. Hospice gave my family the opportunity to relieve the everyday stresses of the unknowns in our journey to the end of my Mom's life. Hospice treated our family with dignity and respect, issued appropriate care, kept our family up to date with her health and what we should expect next. They granted our family the opportunity to peacefully spend the last few days of my Mom's life together in a very serene atmosphere. The staff and volunteers unselfishly offered their assistance with any of our requests and answered any questions that we had 24 hours a day. They turned an overwhelming situation into a wonderful experience from the time we entered hospice right up to her last breath. Unfortunately, my family had to travel out of town for my Mom to receive hospice care, which added an additional burden at a very trying time in our life. We greatly need a hospice in Quinte so families have access to the same level of exceptional care, close to home.

*Richard Anderson  
 and Family*



**HEART & HOME**  
 MAKE IT HAPPEN  
 HOSPICE QUINTE CARE CENTRE

*Yes, I would  
 like to help  
 "Make It Happen!"*

Last Name: \_\_\_\_\_  
 First Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ Prov: \_\_\_\_\_ PC: \_\_\_\_\_  
 Phone #: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Signature: \_\_\_\_\_

Please make cheque payable to Hospice Quinte  
 Contact Sandi Ramsay, Donor Relations Manager at 613-966-6610 x. 228

**HOSPICE QUINTE BUILDING CAMPAIGN PLEDGE CARD**

I wish to pledge a total gift of \$ \_\_\_\_\_ payable as follows:

- A pledge over 3 years:  
 \$ \_\_\_\_\_ on \_\_\_\_\_, 20\_\_\_\_\_  
 \$ \_\_\_\_\_ on \_\_\_\_\_, 20\_\_\_\_\_  
 \$ \_\_\_\_\_ on \_\_\_\_\_, 20\_\_\_\_\_
- Enclosed are \_\_\_\_\_ post-dated cheques.
- Pre-authorized payment (please attach a void cheque).  
 Payments of \$ \_\_\_\_\_ may be withdrawn on the  
 20th day of the month from \_\_\_\_\_, 20\_\_\_\_\_  
 until \_\_\_\_\_, 20\_\_\_\_\_.
- A one-time gift of \$ \_\_\_\_\_ is enclosed or will be  
 paid on \_\_\_\_\_, 20\_\_\_\_\_.
- Online through Visa Debit or credit card visit [HospiceQuinte.ca](http://HospiceQuinte.ca)
- By credit card through Hospice Quinte, call 613-966-6610